

## Mourne Rambling Group: Basic Route Planner and Risk Assessment Form

**Risk Assessment: Weather Forecast** (see Useful Links on our web site for recommended sites)

Wind direction and speed:	Rain/Snow:
Cloud cover:	Temp:

**Potential Hazards** Weather (wind, rain, snow, ice); Terrain (holes, steep ground, river crossings).

Hazard	Likelihood( Low, Med, High)	Action

### **General Information/Requirements**

Clothing/equipment	Route Card & Risk Assessment Form, compass, map, map case, first aid kit, head torch, whistle, bivvy/blizzard bag, extra fleece, food, drink. Action in Emergency card, Casualty Check card, Mountain Rescue card, pencil.
Group size	Maximum 15 (including leader)
Additional equipment?	Mobile phone? G.P.S? Survival bag?

### ***On Completion of the Walk***

Report any accidents to the chair person. Please retain this card for at least a year.

### Basic Route Planner:

Start Point: \_\_\_\_\_ Grid Ref: \_\_\_\_\_

End Point: (if different) \_\_\_\_\_ Grid Ref: \_\_\_\_\_

**Leader:** \_\_\_\_\_ **Group:** \_\_\_\_\_

Date: \_\_\_\_\_

Route Description	Notes/ Escape routes
<p><b>Total Dist =</b></p> <p><b>Total Ascent =</b></p> <p><b>Total Time =</b></p>	