

# Mourne Rambling Group: Basic Route Planner and Risk Assessment Form

## Risk Assessment: Weather Forecast (see Useful Links on our web site for recommended sites)

Wind direction and speed:	Rain/Snow:
Cloud cover:	Temp:

**Potential Hazards** Weather (wind, rain, snow, ice); Terrain (holes, steep ground, river crossings).

Hazard	Likelihood( Low, Med, High)	Action

## General Information/Requirements

Clothing/equipment	Route Card & Risk Assessment Form, compass, map, map case, first aid kit, head torch, whistle, bivvy/blizzard bag, extra fleece, food, drink. Action in Emergency card, Casualty Check card, Mountain Rescue card, pencil.
Group size	Maximum 15 (including leader)
Additional equipment?	Mobile phone? G.P.S? Survival bag?

## On Completion of the Walk

Report any accidents to the chair person. Please retain this card for at least a year.

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**Basic Route Planner:** Start Point: \_\_\_\_\_ Grid Ref: \_\_\_\_\_  
End Point: (if different) \_\_\_\_\_ Grid Ref: \_\_\_\_\_

Leader: \_\_\_\_\_ Group: \_\_\_\_\_ Date: \_\_\_\_\_

Route Description	Notes/ Escape routes	
<b>Total Dist =</b>	<b>Total Ascent =</b>	<b>Total Time =</b>